



All participants attending resident camp or working at resident camp are required to have a completed health examination by a **LICENSED PHYSICIAN - MD. A PHYSICIAN ASSISTANT - PA, OR NURSE PRACTITIONER - NP** acting under the supervision of a licensed MD may also complete and sign the health examination.

The health exam must be complete within 12 months of camp session. **Due date for all health records for participants is JUNE 1st**. If your physical can not be completed by this date, you will be able to continue to submit/upload this form up to 72 hours prior to the start of the session.

## Participant Name: \_\_\_\_\_

## To be completed by MD, PA, or NP:

I have examined the participant within the past 12 months. Date of Exam: \_\_\_\_\_\_

Height	Weight	Blood Pressure

In my opinion, the above participant's condition is acceptable to participate in an active outdoor camp program.  $\Box$  Yes  $\Box$  No

If No, please list any activities that should be limited:

The participant is under the care of a physician for the following conditions: (*Please include the current treatment, including any medications*)

Name of MD, PA, or NP

Signature of MD, PA, or NP

MEDICAL OFFICE STAMP OR ADDRESS